



THREE FLAMES  
RESTAURANT & BANQUETS

## BANQUET LUNCH MENU

Banquet Lunch Menu is only available Monday- Friday. Entrees (except salads) include a house salad. Entrees (except pastas) include seasonal vegetables and one side to accompany all entrees: Rice, Mash potato, Oven-roasted Red Potatoes or Pasta Marinara. All entrees include bread, butter, water and coffee

### Meats

<b>New York Steak</b> – classic charbroiled steak.....	35
<b>Three Flames Special Steak</b> - tri-tip steak topped with sautéed mushrooms.....	28
<b>Steak Kebob</b> – a skewer of diced steak, bell pepper, and onion, marinated & charbroiled.....	25
<b>London Broil</b> – thinly sliced steak, topped with sautéed mushrooms.....	23

### Chicken

<b>Stuffed Chicken Breast</b> – with wild & white rice and mushroom filling, topped with demi-glaze.....	28
<b>Greek Chicken</b> – marinated Greek-style with olive oil, fresh lemon, oregano, and black pepper, then charbroiled tender and juicy.....	25
<b>Breast of Chicken Sautee</b> – tender boneless breast in a white wine and mushroom sautéé.....	27
<b>Chicken Parmesan</b> – breaded chicken breast cutlet topped with Marinara & melted cheese.....	26

### Seafood

<b>Tilapia</b> – similar to the sea bass; with cilantro & diced tomato in a Chardonnay sauce.....	25
<b>Salmon</b> – a fresh favorite, grilled and topped with lemon-dill sauce.....	30

### Combination Plates

<b>Steak &amp; Chicken</b> – tri-tip steak and boneless chicken breast, charbroiled & topped with demi-glaze.....	32
<b>Steak &amp; Prawns</b> – flavorful charbroiled tri-tip, topped with a skewer of large Gulf prawns, then lightly brushed with demi-glaze.....	34
<b>Shish Kebob</b> – charbroiled steak and chicken marinated in fresh lemon and oregano.....	25

### Salads

<b>Chicken Caesar</b> – with croutons & parmesan, topped with grilled chicken breast.....	25
<b>Chicken Pecan Salad</b> – marinated grilled chicken breast with cranberries, crumbled blue cheese, & toasted sugared pecans. Dressed with our homemade Balsamic vinaigrette.....	25
<b>Shrimp Louie</b> – with greens, tomato, boiled egg, fresh bay shrimp, & thousand island dressing.....	28

### Pastas

<b>Mostacioli</b> – penne pasta in a sun dried tomato cream sauce with basil, spinach, garlic & feta.....	25
<b>Tortellini Alfredo</b> – chicken tortellini in a rich creamy parmesan Alfredo sauce.....	25
<b>Penne Marinara</b> – penne pasta with fresh sautéed vegetables in our house made marinara.....	25

*An 20% service charge & all applicable taxes will be added to your bill. Menu items and prices may subject to change without notice.*