



THREE FLAMES  
RESTAURANT & BANQUETS

## BANQUET LUNCH MENU

Banquet Lunch Menu is only available Monday- Friday. Entrees (except salads) include a house salad. Entrees (except pastas) include seasonal vegetables and one side to accompany all entrees: Rice, Mash potato, Ana Potatoes, Oven-roasted Red Potatoes or Pasta Marinara. All entrees include bread, butter, water and coffee

### Meats

- New York Steak**– classic charbroiled steak.....26.99
- Three Flames Special Steak**- tri-tip steak topped with sautéed mushrooms.....22.99
- Steak Kebob**– a skewer of diced steak, bell pepper, and onion, marinated & charbroiled.....20.99
- London Broil**– thinly sliced steak, topped with sautéed mushrooms.....20.99

### Chicken

- Stuffed Chicken Breast**– with wild & white rice and mushroom filling, topped with demi-glaze.....22.99
- Chicken Cordon Bleu**– stuffed with ham, Swiss cheese and mushrooms,  
and topped with a Béchamel sauce.....22.99
- Greek Chicken**– marinated Greek-style with olive oil, fresh lemon, oregano, and black pepper,  
then charbroiled tender and juicy.....20.99
- Breast of Chicken Sautee** – tender boneless breast in a white wine and mushroom sauté.....21.99
- Chicken Parmesan**– breaded chicken breast cutlet topped with Marinara & melted cheese.....20.99

### Seafood

- Tilapia**– similar to the sea bass; with cilantro & diced tomato in a Chardonnay sauce.....20.99
- Salmon**– a fresh favorite, grilled and topped with lemon-dill sauce.....22.99

### Combination Plates

- Steak & Chicken**– tri-tip steak and boneless chicken breast, charbroiled & topped with demi-glaze.....25.99
- Steak & Prawns**– flavorful charbroiled tri-tip, topped with a skewer of large Gulf prawns,  
then lightly brushed with demi-glaze.....26.99
- Shish Kebob**– charbroiled steak and chicken marinated in fresh lemon and oregano.....21.99

### Salads

- Chicken Caesar**– with croutons & parmesan, topped with grilled chicken breast.....20.99
- Chicken Pecan Salad**– marinated grilled chicken breast with cranberries, crumbled blue cheese,  
& toasted sugared pecans. Dressed with our homemade Balsamic vinaigrette.....20.99
- Shrimp Louie**– with greens, tomato, boiled egg, fresh bay shrimp, & Louie dressing.....21.99

### Pastas

- Mostaccioli**– penne pasta in a sun dried tomato cream sauce with basil, spinach, garlic & feta.....19.99
- Tortellini Alfredo**– chicken tortellini in a rich creamy parmesan Alfredo sauce.....19.99
- Penne Marinara**– penne pasta with fresh sautéed vegetables in our house made marinara.....19.99

*An 18% gratuity & all applicable taxes will be added to your bill. Menu items and prices may subject to change without notice.*